

# Transitioning out of the Army?

*Preparing for life after the military is a unique challenge.*

*Let us help you navigate the stress of transitioning to civilian life.*

## ***MILITARY TRANSITION GROUP***

**Behavioral Health, Bldg. 4066  
Contact us for more info.**



**Open to active duty preparing for transition out of the Army.**

**Do not need to be actively enrolled in BH.**

**Participants can be at any point in the transition phase (ETS, Chapter, MEB, and retirement.)**